





Govt. College Sainj (H.P.) College Activity



Sr. No.	Particular	Remarks
1	Date / दिनांक	28.03.2025
2	Name of Activity	Mentor-Mentee Interaction
3	Name of Department Organizing the Activity	Department of Commerce
4	Name of Collaborating Agency (If Any)	NA
5	No. of Student Participants	25
6	No. of Teacher Participants	01
7	Brief Report सांक्षिप्त प्रदिवेन	  <p>On Dated: 28.03.2025, Dr. Vandana Arya, AP Commerce, has conducted a mentor-mentee session and interacted with students on topic “Preparing for Annual Examination”. Approx 25 students of B.A. I (History) participated in this event. In this lecture, the speaker focused on the various issues like how to deal with exam fear, preparing for exams, stress, depression and their management. Students also actively participated in this event.</p>

Organizer

Principal
Govt. College Sainj (H.P)